

NSRTSM incorporates your physician's assessment of patient history, family history and medical information along with diagnostics found during the Meridian and Energy Stress Assessment to determine a course of treatment.

Q: Can these substance frequencies cause any type of physical reaction?

A: No. NSRTSM uses a proprietary low level light therapy process that is not capable of causing a physical reaction regardless of the pathology.

Q: Does the assessment or therapy hurt?

A: No. The vast majority of patients report no sensation or feeling whatsoever during the assessment or therapeutic process. A very small number of highly sensitive patients have reported a mild tingling sensation or a general calming of the body. This is the standard result of light therapy.

Q: What can I expect during the substance stress assessment?

A: The assessment process is fast, painless, non-invasive and takes approximately 3-5 minutes. During the assessment, the BAX system introduces, measures and assesses hundreds of individual substances helping your physician determine what environmental, food or chemical triggers may be impacting your overall health.

Q: How many substances can the BAX System assess?

A: The BAX System contains homeopathic frequencies for thousands of individual substances including foods, chemicals, inhalants, pets and even synthetic products.

Q: Does the BAX System assess all of the frequencies at once?

A: No. The BAX System is designed to assess groups of substances based on protocols, patient history and patient-reported symptoms.

Q: How many patient visits are required?

A: Protocols are in place which determine the number of visits based on what your body needs and your general state of health. The most common is referred to as the IDE (Immunity, Detoxification and Energy) Protocol and takes a total of 10 quick and easy visits.

Q: How long do the results of therapy last?

A: The therapeutic results of low level light therapy and patient supplementation are indefinite. BAX systems have been used in practice since 2007 and doctors and patients alike report no symptomatic recurrence at 1 year and 2 year checkups. The addition of patient supplementation has improved support during therapy, as well as maintaining long-term health and wellness.

Q: How long does each doctor's appointment take?

A: The first patient appointment which includes assessment will take approximately 30 minutes. Future appointments for low level light therapy will take approximately 10 minutes each. It should take less than 2 hours of time over the course of approximately 3 weeks to complete the 10 visit protocol.

STRESS CAUSES 80-85% OF ALL HUMAN ILLNESS. NSRT COMBINES HOLISTIC MEDICINE WITH THE LATEST TECHNOLOGY PROVIDING A REVOLUTIONARY APPROACH TO HEALTH AND WELLNESS.

We've taken the best parts of acupuncture, homeopathy, nutrition, and applied kinesiology... and automated it! The BAX AURA system improves energy and overall stress levels, helping to decrease the symptoms related to allergies, asthma, chronic skin conditions, stomach discomfort, migraine, joint and muscle pain, inflammation and arthritis.



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NSRT NEUROLOGICAL STRESS REDUCTION THERAPYSM FAQ'S



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WHAT IS NEUROLOGICAL STRESS REDUCTION THERAPY?

A: Neurological Stress Reduction Therapy incorporates Meridian and Energy Stress Assessment (MESA) Technology, Low Level Light Therapy (LLLT), nutritional supplementation, herbal supplementation and complex homeopathic medications to boost the immune system, increase circulation, promote healthy and natural detoxification and increase core level energy.

- 1] Stress causes or exacerbates 80-85% of all human illness (according to the AMA).
- 2] A reduction in physiological stress caused by environmental substances can alleviate many symptomatic expressions experienced in daily life.
- 3] The brain creates associations between environmental substances we ingest, breathe and touch. Some of these associations are inappropriate and trigger symptoms you may be experiencing.
- 4] These associations can be broken by introducing a positive stimulus in conjunction with the specific stress-inducing substance causing a reduction or elimination of symptoms.

Q: What is the foundation for NSRTSM?

A: NSRTSM combines (3) core components of holistic medicine and modern computerized technology to create a revolutionary new therapy.

- Acupuncture

Acupuncture is a form of 5000 year-old Chinese medicine that is based on the flow of energy along meridians in the body or what we refer to today as the body's energetic system. The meridian energy flow or chi carries information about the body's internal organs that can be utilized in assessment of organ function, system function, metabolism, general stasis and even the reactive nature of the body to specific environmental substances.

Q: How does NSRTSM utilize the principles of acupuncture?

A: NSRTSM utilizes a biofeedback based methodology to perform meridian and energy stress assessment (MESA), much the same way an EKG would measure heart rate. A sensor monitors the body's key meridians, allowing the BAX System to detect increases in neurological stress as a result of environmental substance exposure. The assessment process used in NSRTSM is a fully automated, computerized and objective method of measuring the same types of organ and system function performed by acupuncturists for 5000 years. What makes this revolutionary is that the NSRTSM assessment process takes approximately 3-5 minutes, requires no needles, is safe for all ages and is completely noninvasive.

- Homeopathy

Homeopathy is a 300 year-old medical discipline developed in Germany. Homeopathic medicine is based on the theory that "like cures like". Homeopathic medicine suggests that a dilution of the substance allows the body to build up a tolerance or resistance and enables the body to heal itself.

Q: How does NSRTSM incorporate homeopathy into the therapeutic procedure?

A: NSRTSM then incorporates low level light therapy (LLLT) to induct homeopathic frequencies that the brain can interpret in the same manner it would interpret the physical substance itself to neutralize the stress response and then records the neurological response to each.

- Applied Kinesiology

Applied Kinesiology (AK) is a form of alternative medicine which believes that poor health is caused by body imbalances. AK provides neurological evaluation using muscle tests to monitor the physiological response to physical, chemical or mental stimuli. The belief is that when a person experiences poor health, it is due to an imbalance in the body's physical, chemical or mental state. AK is a practice that has been in existence for nearly 50 years and is practiced by many chiropractors in the US, Canada and Europe. AK is limited because it is considered to be highly subjective in nature, extremely time consuming and dependent upon the training and acumen of the physician.

Examples of AK or Applied Kinesiology include:

- Brimhall Technique
- NAET (Nambudripad's Allergy Elimination Technique)

Q: How does NSRTSM incorporate Applied Kinesiology into the assessment procedure?

A: Applied Kinesiology and NSRTSM have an indirect relationship. AK is often used for "Nutrient Testing" to examine the patient's muscle response to specific chemicals and substances. NSRTSM which incorporates Meridian and Energy Stress Assessment Technology (MESA) offers the same type of assessment by measuring a neurological response based on conductivity of the skin. MESA, however, does this without the subjectivity, time or muscle manipulation required with AK. MESA Technology is a fully automated, computerized and objective format for measuring the neurological stress response to substances presented through more traditional and clinically accepted biofeedback. BAX Systems are able to determine:

- Which substances cause physiological stress on the body
- The strength of the stress response in correlation to the specific substance
- How organs and body systems are being impacted by the substance stressors

Q: How does NSRTSM and MESA Technology measure substance stressors?

A: MESA is an assessment technique that measures electrical resistance and polarization at the acupuncture points and meridians. Through safe, skin-level measurements, it is possible to analyze the bio-energy and bio-information produced by all of the body's internal organs and systems. MESA is an acceptable form of biofeedback.

Q: Does NSRTSM have any side effects?

A: No. NSRTSM does not have any side effects. During therapy, however, the body is going through a process of conditioning which can cause some mild expressions of detoxification. Patients report that following therapy, they have draining of the sinuses, mild sinus congestion, mild headaches and/or itchy skin. These symptoms typically last only a few hours. Patients commonly report increased energy and longer periods of uninterrupted sleep immediately following therapy.

Q: Can the substance frequency cause an allergic reaction?

A: No. Exposure to the homeopathic frequency cannot trigger any type of allergic reaction. This methodology does not have any of the traditional side effects associated with scratch and RAST testing.

Q: Does this biofeedback-based assessment test for allergies?

A: No. While many of the frequencies stored in the computer library are known allergens, many of the substances assessed cannot cause an allergic reaction. NSRTSM assessment is looking for a stress response to a specific substance and is not an allergy test. Because allergens cause stress on the body, however, the NSRTSM assessment will, in many cases, identify known allergens for patients.

Q: What conditions or symptoms can NSRTSM diagnose or treat?

A: NSRTSM does not diagnose or treat any specific conditions. NSRTSM provides a holistic and complimentary alternative therapy based in homeopathy which has stated benefits for allergies, asthma, skin conditions, migraine pain, digestive discomfort and arthritis and is one of the cornerstones for our technology. Through the process of detoxification and increasing core energy levels, patients experience alleviation or elimination of many symptoms, including various forms of allergies.

Q: Is this similar to NAET (Nambudripad's Allergy Elimination Technique)?

A: Yes. NSRTSM in many ways is the evolution of NAET providing an exponentially faster, objective, more effective and automated advancement to the NAET process.

Q: When should I expect to see symptomatic improvement?

A: Doctors and patients report symptomatic improvement after only 1-2 visits. This will vary from patient to patient based on severity of health related issues, as well as the results of the stress assessment.

Q: Is NSRTSM safe for children?

A: Yes. The BAX AURA and NSRTSM are safe for all ages. NSRTSM is noninvasive, and does not use any chemicals, pills, shots or needles.

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Q: Does insurance cover assessment and therapy?

A: While NSRTSM is not covered by traditional insurance, we have made it financially feasible for you to get the care you deserve.

- 1] The cost of the therapy is typically less than the cost of traditional medical care over time.
- 2] By taking proper care of yourself and alleviating the actual cause of your symptoms, you can prevent future health care expenses.
- 3] You may be able to use HSA (Health Savings Account) to cover care. This is up to the provider and varies from plan to plan and state to state.
- 4] Most of our providers offer same-as-cash patient financing. This allows you to spread the payments for your care over 12-24 months relieving you of any financial burden while receiving the care you want and need.



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